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SOCIAL SPA


astoria
RESORT ★★★★★



The SPA

The SPA at the Astoria Resort was born with the idea of seeking true well-being as a lifestyle.

It has been structured with different welcoming and relaxing ambiances, specially designed to offer you a personalized experience of relax in a private and exclusive setting.

Beyond the stairs, a peaceful world of well-being opens up, where you can regenerate in spaces designed for an unforgettable wellness experience combined with a wide range of treatments.

The SPA welcomes you with a small heated swimming pool, a 90°C Finnish sauna, a steam bath, a cold reaction shower and an ice fountain.

Thanks to color therapy, the living area has been designed with a herbal tea corner and a secluded reading area to relax.

Opening time

Swimming pool: Every day from 7:00 a.m. to 8:00 p.m.

Sauna and Turkish bath: from 8:00 a.m. to 8:00 p.m.

Treatments: from 10:00 a.m. to 7:00 p.m.

Children under the age of 14 are welcome in the SPA if accompanied by an adult from 10:00 a.m. to 4:00 p.m.

Events

In order to give you the opportunity to take advantage of the treatments you want, please reserve them when booking the room:

spa@astoriaresort.it; or by phone:

+39 0464 57 66 57.

The number **812** can be dialed from the room



External guests

The SPA is also happy to accommodate external customers, by prior arrangement and depending on the availability of access.
A towel, bathrobe and slippers are provided upon entry.

Entry to the SPA from 2 hours	30 €
Entry to the 2-hour SPA with aperitif	40 €

A DAY SPA

Entry to the SPA for 2 hours
50-minute anti-stress massage

90 €

MY DAY SPA

Entry to the SPA for 2 hours
Partial massage of 25 minutes
20-minute lavender bath

100 €

DAY SPA FOR COUPLES

Entry to the SPA for 2 hours
50-minute couples massage with aromatic oils

170 €



The SPA facial treatments

Treatment with anti-aging technology

This treatment, with the help of ultrasound and bipolar radio frequency, represents the cosmetic alternative to fillers used in aesthetic medicine. Thanks to the synergy between the anti-aging action of powerful plant biotechnology extracts and the perfecting action of Functional Fillers microtechnology, this treatment helps fight the signs of aging by revealing a more even and fresh complexion, giving skin a radiant and vibrant complexion. The skin is restructured and visibly transformed.

80 minutes | 160 €

Balancing technology treatment

A holistic facial cleansing using high-tech ultrasound and the synergy of hemp oil, melatonina and ozonated jojoba oil. This treatment effectively counteracts the effects of aging and promotes the well-being of even the most sensitive skin, stimulating the right cell turnover for an immediately radiant and fresh appearance of the face.

50 minutes | 130 €

High tech teen treatment

Specially developed for younger and more problematic skin using high-tech ultrasound. A treatment rich in functional substances selected to meet the needs of different skin types. Rich in antioxidants, vitamins protect all skin types from external aggression, counteract oxidative stress and revitalize cells.

50 minutes | 100 €

Classic facial cleansing

Suitable for all skin types, unclogs pores and eliminates impurities. Suitable for preparing the skin for a subsequent facial treatment including eyebrow correction.

50 minutes | 75 €

With eyebrow correction

75 min | 95 €

Special treatment for men

Treatment suitable for men with soothing and refreshing effects, helps prevent skin aging and is rich in vitamin C and B vitamins.

50 minutes | 90 €

Timexpert Lifting Treatment (IN)

Treatment that stimulates the production of hyaluronic acid in the dermis. In addition to providing a moisture reserve, it also helps to tighten facial features and wrinkles become less visible.

50 minutes | 110 €

Timexpert C + treatment

Vitamin C treatment suitable for dull, stressed and blemished skin, for rejuvenating skin and restoring radiance and vitality.

50 minutes | 110 €

SRNS anti-aging treatment

Anti-aging treatment indicated for mature skin, dry or very dry skin, capable of giving the face the best active ingredients and restoring the skin's functionality.

50 minutes | 110 €

Hydracure treatment

A treatment that hydrates and protects the skin from the elements, leaving a feeling of hydration on the face.

50 minutes | 100 €

Purexpert treatment

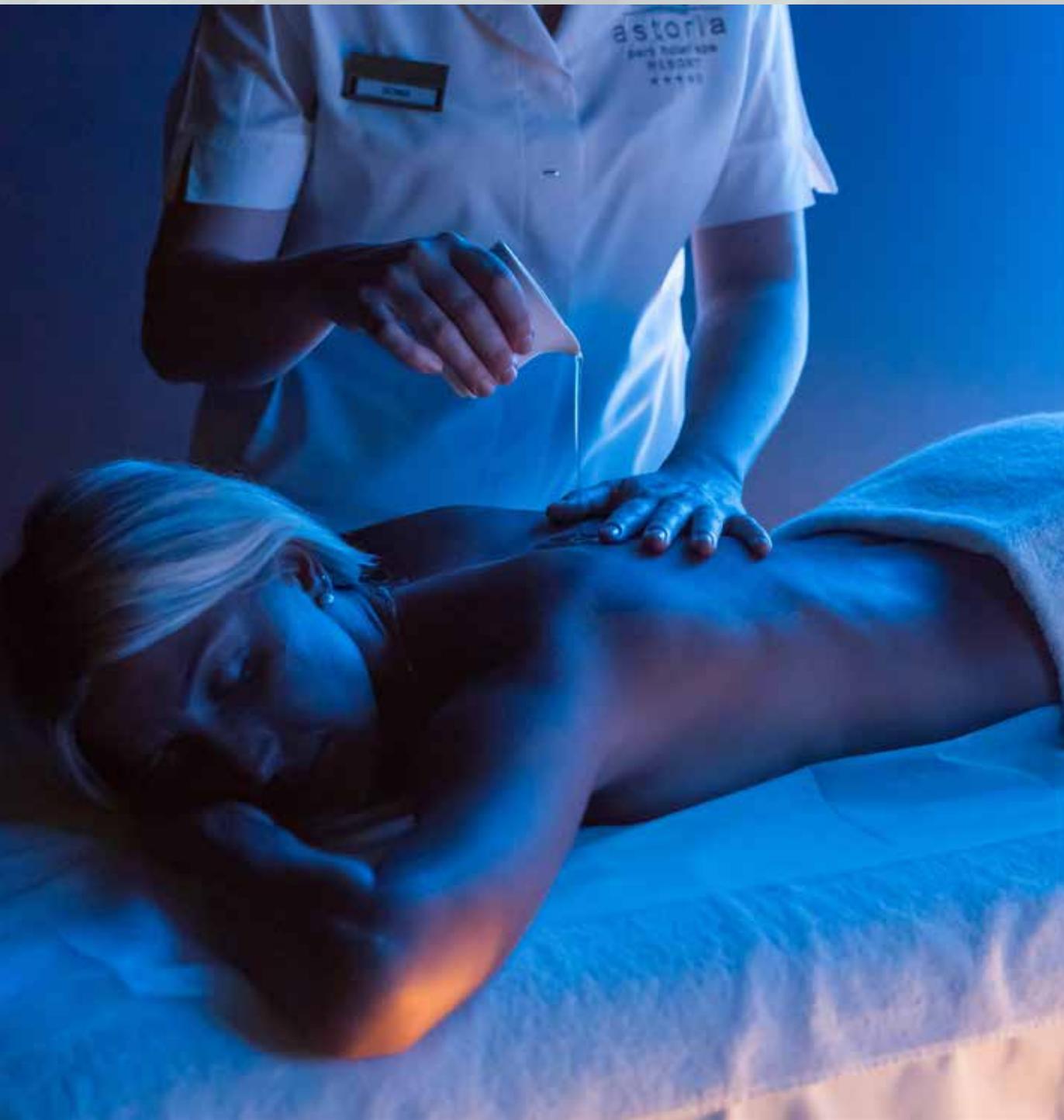
A treatment to reduce enlarged pores and skin imperfections, giving the skin evenness, shine and purity. Suitable for young skin aged 15-30 years.

50 minutes | 90 €

Treatment Short

It is a short facial treatment consisting of cleansing and detoxification of the face, followed by the application of the mask chosen according to the needs of your skin.

25 minutes | 35 €



Body treatments

Lavender treatment

A specific treatment with lavender peeling and lavender oil massage. Its scenting and the expert maneuvers of the therapists will take you on a deep sensory journey that will bring you calm and inner peace.

50 minutes | 90 €

Vitamin C + treatment

The peeling with microparticles of orange peel is the ideal treatment for the change of seasons and allows to purify and remove dead skin cells.

The final massage with the mask gives elasticity and moisture.

50 minutes | 90 €

Detoxifying mud treatment

A clay macerated with thermal water rich in iodine and trace elements with a detoxifying and draining effect promotes microcirculation and contributes to an elastic and homogeneous skin.

50 minutes | 85 €

Body scrub

Savonage with cashier's glove and black soap

Treatment that deeply cleanses skin imperfections thanks to the black vegetable soap made from olive paste. The Kassa glove reactivates and stimulates blood circulation and ensures an exceptional feeling of well-being.

50 minutes | 75 €

Body scrub with shea butter and Himalayan salt

The circulation-enhancing and metabolism-stimulating Himalayan salt peeling eliminates toxins in depth. It also smoothes the skin, making it softer and more elastic.

50 minutes | 80 €

Emollient Sugar Body Scrub

The sugar scrub has an exfoliating and softening effect. Eliminates dead cells by accelerating skin renewal by deeply smoothing the skin.

25 minutes | 40 €

Baths

Bath with essences of Garda

Thanks to different synergies of essential oils from the Lake Garda area, you will live a regenerating and relaxing experience, immersed in the warmth of this emotional bath.

25 minutes | 45 €

Cleopatra bath

A bath in almond milk and rose petals, ideal to leave the skin soft, hydrated and velvety, immersed in a single moment of relaxation. Almond milk, rose petals and various essences make this moment of relaxation unique.

25 minutes | 50 €

Lavender bath

Bath with lavender essential oil, cajeput, vanilla essential oil and water flavored with orange. Ideal for relieving stress and fatigue with antibacterial and soothing properties for the skin.

25 minutes | 50 €



Treatments for couples

Bath ritual

Designed for those who want to experience the privacy of an exclusive moment in the Jacuzzi, accompanied by strawberries and a bottle of Champagne to complete this pampering ritual in relax.

50 minutes | 100 €

Massage ritual

In a suggestive romantic setting with candlelight, you will be intoxicated by the scent of essential oils during a 50-minute relaxing massage that will envelop you to share a moment of pure well-being with your better half. At the end of the massage, enjoy a moment of relax with a sweet thought dedicated to you both.

75 minutes | 165 €

Couple ritual

An unforgettable journey for couples to live a special experience for two. The relaxation massage for couples lasting 50 minutes and 50 minutes of well-being in the ritual of hydromassage bath accompanied by strawberries and champagne.

110 minutes | 240 €

Garden massage

Available from June 1st to September 10th

Garden massage

Relaxing full body massage in the pavilion of our park.

50 minutes | 90 €

Garden massage for couples

50-minute massage in our park, ideal for a couple in love. A unique outdoor experience ending with fresh fruit and sparkling wine.

50 + 20 minutes | 180 €



Massages

Astoria relaxation massage

Our relaxing massage with Garda lavender and almond essential oils that will make you live an intense moment of well-being, relieving all muscle tension.

50 minutes | 90 €

Office massage

Partial back and neck massage that deeply penetrates muscle tension and effectively relieves tension.

25 minutes | 50 €

Leg massage

Ideal for people with heavy legs and circulatory problems. Immediate lightening effect by applying the refreshing eucalyptus gel cream.

25 minutes | 45 €

Foot massage

Finger pressure technique on the arch of the foot, useful to combat stress and tension.

25 minutes | 40 €

Anti-stress massage

The relaxation massage restores balance and psychophysical harmony on a general level.

50 minutes | 70 €

Aroma oil massage

Wellness massage ideal for those who want a wellness experience thanks to the aromatic notes of essential oils. The aromatic oils provide lasting moisture and relaxation.

50 minutes | 75 €

Sports massage

Massage for people with muscle pain or muscle fatigue. It is performed with a hand pressure associated with superficial and deep friction for a light effect on the body.

50 minutes | 80 €

Candle massage

An enveloping massage with a hot candle that releases all tension and deeply nourishes the skin. Ideal for those who want a moment of pampering for the whole body.

50 minutes | 85 €

Hot stone massage

Massage with hot volcanic stones. It stimulates blood circulation and activates the body's energy sources. The heat penetrates into the deeper areas and has a relaxing effect.

75 minutes | 110 €

Energizing facial and scalp massage

Hot oil massage performed with manual skills leading to excellent relaxation of the face and décolleté, then ending with the scalp.

20 minutes | 40 €

Relaxing holistic massage

A holistic massage with warm aromatic notes and relaxing manual skills to gently relieve muscle tension and bring a feeling of lightness and well-being to body and mind.

80 minutes | 125 €



Servizi di Estetica

Partial hair removal	25 min 35 €
Facial hair removal	10 €
Total leg depilation	25 min 40 €
Full body hair removal	50 min 65 €
Manicure	50 min 55 €
Manicure with semi-permanent nail polish	50 min 75 €
Semi-permanent nail polish change	25 min 35 €
Pedicure with nail polish	50 min 60 €
Pedicure with semi-permanent nail polish	75 min 75 €
Nail polish application	10 €
Eyebrow correction	10 €
Eyebrow tint	15 €
Bridal make-up with test	140 €



Family Time

Parent-child pampering time

A unique experience to share with your child, a pleasant and fragrant bath with fun bubbles to be enjoyed with mom or dad, followed by a partial body massage. Finally, a sweet surprise.

50 minutes | 100 €

Happy bath

Soothing bath for parents and children with relaxing essences and soap bubbles.

20 minutes | 40 €

Kids time

Suggestions for children from 3 to 11 years. We ask parents to help the children bathe. The SPA staff cannot take any responsibility.

Baby massage	25 min 45 €
Mini manicure + 25 min massage	50 min 80 €
Chocolate massage	25 min 50 €

Little princess

The "beautician fairies" turn girls into little princesses: a hairstyle, a little make-up and nail polish on their hands like in a fairy tale.

50 minutes | 70 €

Pacchetti

Beauty day _____ 170 €

A short wellness interval to recharge your batteries.

Softening sugar scrub
Aroma oil massage
Facial moisture check
Short facial treatment with technology

Relax Spa _____ 180 €

Pampering moments dedicated to relax.

Savonage with glove and black soap
Anti-stress massage
Bath with essences of Lake Garda

Wellness for pregnant women _____ 175 €

Special moments to dedicate to the most magical time in a woman's life.

Manicure with nail polish
Facial moisture check
Partial massage of legs and feet
50-minute Germaine – Facial treatment

Mamma day _____ 240 €

Because mom needs to relax and feel beautiful, too.

Facial moisture check
Treatment with anti-aging technology
Candle massage
Manicure with nail polish

Family day _____ 120 €

Wellness to share and experience with the whole family.

Bubble bath with a parent
Partial massage for parents and child
Colored nail polish

Couple dream day _____ 310 €

An unforgettable regeneration trip for two.

Candle massage for couples
Candlelight bathing ritual
Face massage with mask

Cosmetic Shop

Wellness, beauty and inner harmony are our most important benchmarks for an all-round successful holiday. For this reason we have decided to dedicate to you the beauty line of the famous Maison "Germaine de Cappuccini", which will allow you to listen to your body's calls and give yourself a well-deserved break.

In collaboration with Germaine de Capuccini, who has been making safe and effective formulas since 1964, we have thought of some products for you to take home with you a souvenir of the experience you had in our structure.

For more information, we will be happy to advise you at the spa reception.

The SPA etiquette

In order to fully enjoy the SPA experience, we ask you to consider the following information.

BEHAVE

Our spa areas are reserved for the rest and relax of body and soul. In order to guarantee our guests this atmosphere, we ask you to avoid any noise as much as possible and to switch off your mobile phone during your stay.

SPECIAL HEALTH NEEDS

Please inform us if you suffer from illnesses, pain, allergies, intolerances or if you are pregnant.

BEFORE THE APPOINTMENT

We recommend that you show up in your bathrobe and slippers at least 10 minutes before your appointment.

It is our concern to start each treatment on time. Please note that if you arrive late, the treatment time will be reduced.

CANCELLATIONS

They take place if you cannot keep an appointment. Cancellations must be received 24 hours in advance, otherwise the total amount of the booked treatments will be charged.

JEWELRY

To make your treatment as comfortable as possible, we recommend that you remove all jewelry. We are not responsible for lost jewelry.

MASSEUR | MASSEUSE

When booking the treatment, you can ask for the massage to be performed by a masseuse or by a masseur. We try to take your wishes into account.

RITUAL TREE of “La SPA”

TREELODGY SPA SELECTION: Your experience of nature

Space, luxury and intimacy at the TREELODGY, where you can feel a little closer to the clouds and stars.

The SPA of the Astoria Resort has thought up an exclusive proposal of rituals inspired by the *Cinnamomum camphora* tree (the Canphor tree) that welcomes the luxurious TREE LODGY and on which it rests to make the dream of well-being into reality and to enrich it with the experience of a selection of sensory treatments offered by the SPA.

The designed proposals can be customized to make your wellness experience unique and unrepeatable with the support of our wellness experts.

TREE RITUAL

The tree ritual, holistic and rich in essences, to stimulate all the senses through a sensory journey that harmonizes the body from head to toe and relaxes the mind to escape from the stress of nature.

110 minutes | 240 € per person

ROOT

Designed for feet and legs, this ritual with natural essences inspired by the park's botanicals, lemon, jasmine and magnolia, treats the roots of the body, starting with a warm mint and lemon foot bath and ending with a massage to relieve tension and give an incomparable lightness.

50 minutes | 110 € per person

LEAVES

Like the leaves on the branches swaying in the wind, the ritual gently relaxes the upper body in a sensory journey that stimulates all the senses and harmonises the tension of the head and shoulders with essences of citrus and jasmine.

50 minutes | 130 € per person

FLOWER

The delicate beauty of flowers, the most fragrant and ethereal part of a tree, like the face in the human body. This ritual with scents and flower essences gives freshness to the face, neck and head and eliminates any tension, smoothing the signs of aging and giving a radiant and fresh complexion like a newly blossomed bud.

80 minutes | 140 € per person

Appointments:
spa@astoriaresort.it
+39 0464 57 66 57



#astoriaresort

THE NORTH GARDA FEELING®

