



astoria

natural feeling

Spa

ASTORIA

Natural Feeling spa

Every now and then, escape to a special place where you can tap into new energy, rediscovering the lightness of living. The search for balance between "perceptions and moments" is the concept behind the general development strategy of our entire spa project.

The vision of wellbeing as a regular appointment turns into a fluid experience of continuous stimulation towards personal growth. We want to be inspired by nature to harmonize your thoughts, your body and your heart, through holistic journeys that will allow you to feel a genuine desire to take care and pamper yourself.

Wellbeing is not to be found just in our spa as a physical place, instead it becomes the value proposition of our entire Resort. Holiday becomes a new lifestyle, through every moment you experience. After becoming part of the rooms and common areas of the hotel, our park enters the spa, establishing a new metaphorical and physical relationship between the interior and the exterior.



*"Passion meets knowledge,
creating the perfect recipe
to encounter the heart of each person,
with the aim of allowing people
to perceive the authentic wellbeing
of our nature."*

Stefania Grisenti
SPA Manager





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Appointments

To give you the opportunity to enjoy the massages and treatments of your choice, please make a reservation when booking your room, at spa@astoriaresort.it or by telephone at +39 0464 57 66 57.

From your room you can dial the number 812 - 813.

External Guests

Our Spa is delighted to welcome external customers, subject to advance booking and availability.

Upon access, you will be provided with a towel, bathrobe, slippers and everything you need to follow the Natural Feeling path designed for the correct use of our spa.



Our offers for
EXTERNAL GUESTS



Astoria Natural Feeling Moments

4-hour access

Monday to Thursday € 35

Friday to Sunday € 40

Astoria Natural Feeling Day

Full day access

Monday to Thursday € 45

Friday to Sunday € 55

Spa Taste

4-hour access
25 minutes massage

Monday to Thursday € 65

Friday to Sunday € 75

AperiSpa

4-hour access
Aperitif

Monday to Thursday € 43

Friday to Sunday € 53

Natural Experience Day Spa

Full day access
50 minutes massage
Aperitif

Monday to Thursday € 135

Friday to Sunday € 145

For Couples

Couple Escape

4-hour access
25 minutes deluxe massage

Monday to Thursday

€ 130 per couple

Friday to Sunday

€ 140 per couple

Couple Chillout Day

4-hour access
25 minutes massage
25 minutes whirlpool

Monday to Thursday

€ 165 per couple

Friday to Sunday

€ 175 per couple

Romantic Day Spa

Full day access
50 minutes massage
25 minutes whirlpool
Aperitif

Monday to Thursday

€ 230 per couple

Friday to Sunday

€ 250 per couple





HARMONIC ITINERARIES

*The nature surrounding the lake
is the inspiration of various well-being journeys.
Itineraries that connect the inside with the outside,
in a new metaphorical and physical relationship.*



Olive Tree Itinerary

per person 80 min | € 150

A sensorial journey that makes use of the precious benefits of the olive tree, to regenerate the skin in a wellness itinerary across the entire body from head to toe, bringing brightness and elasticity. The massage techniques designed to accompany this ritual are inspired by the West, to relieve symptoms of stress and tiredness.

Honey Itinerary

per person 80 min | € 155

A wellness ritual designed to nourish the mind, body and soul through the invaluable properties of honey, in a warm golden cuddle. A sweet harmony of scents and sensations will lead you on a journey of relaxation and hydration.

Water Itinerary

per person 80 min | € 160

A wellness path dedicated to purifying the body and renewing vital energy through the use of draining and remineralizing mud. You will be guided by expert hands on this journey that will allow you to rediscover the benefits of a purified and relaxed body.

Lake Itinerary

per person 50 min | € 110

A sensory experience that combines the reassuring warmth of stones with the relaxing effect of hot oil. You will discover the perfect way to release muscle tension and find inner balance.

Light Itinerary

per person 50 min | € 115

Rediscover the radiant beauty of your skin, through a ritual that combines deep skin cleansing with precious vegetable butters that give new light and nourishment to the whole body, in a sensorial cloud of wellbeing.

Body preparation

To prepare your skin for the expert hands of our operators, we suggest starting your Natural Feeling experience by regenerating your skin with this selection of exfoliating treatments that smooth the skin, giving it infinite softness.

Detoxifying Salt Exfoliation

20 min | € 50

The salt scrub promotes blood circulation and stimulates metabolism, removing toxins deeply. It also smoothes the skin making it softer and more elastic.

Illipe Butter and Quartz Exfoliation

20 min | € 55

The illipe butter scrub has an exfoliating and softening action. It eliminates dead cells, accelerating skin turnover and thoroughly smoothing the skin.





NATURAL FEELING MESSAGES



These massages are selected to offer a natural wellness experience with the use of traditional techniques from the East and West, carried out by expert wellness professionals, who will be able to take care of your needs with their heart.



Ben'Essere Massage

50 min | € 130

Based on ancient techniques from Asia, this well-being massage rebalances the person by focusing on the head and lower limbs that support the body, promoting deep calm and overall relaxation. The feeling of lightness and inner peace will accompany you for a long time after this sensorial experience.

Lignum Natural Experience Massage

50 min | € 100

The natural fragrance of organic essential oils and the regenerating power of polished woods reduce stress and promote a harmonious connection between mind and body. The elements of nature in this ritual massage bring us back to the rhythms of our essence.

Astoria Relaxation Massage

50 min | € 88

Our signature relaxing massage with warm almond oil will make you experience intense moments of wellbeing, relaxing muscle tension thanks to slow and relaxing manual movements.

Specific Astoria Massage

50 min | € 95 · 25 min | € 48

Personalized massages that act specifically on the body's needs to restore balance and replenish energy. Specific areas are treated according to the needs identified in agreement with the therapist.

Cocoon Massage

50 min | € 100 · 80 min | € 145

A full body massage with relaxing manual techniques and the warm aromatic notes of organic vegetable butter, to deeply release muscle tension, giving a sense of lightness and wellbeing to mind and body.

Deep Tissue Massage

50 min | € 105 · 80 min | € 155

This deep decontracting massage technique acts on the main muscle chains, focusing especially on the tightest parts of the body, such as the back, shoulders and neck.

Sport Massage

50 min | € 110 · 25 min | € 55

Massage for active people with fatigue and muscle tiredness. It is performed with reactivating techniques in combination with deep manual skills to give new energy to the body.

Draining Massage

50 min | € 95

Oil massage that acts on the lymphatic system through pumping and touching, helping the lymph flow harmoniously throughout the body. A blend of essential oils will act on the tissues to give a feeling of wellbeing and long-lasting lightness.

MUM to Be Massage Experience

50 min | € 110

A treat for future mothers. Therapist and client will decide together which areas of the body are to be treated, in accordance to needs and requirements, with suitable specific products.

Gua-Sha Face and Neck Massage

25 min | € 50

Ancient massage ritual from China, with a stone that reshapes and lifts facial features, giving immediate brightness and relieving tension in the muscles of the face and neck.



HARMONIC RITUALS

for couples

A moment dedicated to relaxation, connection, and mutual well-being in an intimate and welcoming environment with soft lighting. Each couple is unique, and our therapists will know how to personalize their touch to make your experience unforgettable.





Embracing Cotton

per couple 50 min | € 190

The gentle cotton oil-based massage becomes a silent language of love and mutual understanding thanks to the expert touch of hands that will melt away any tension, to create unforgettable memories.

Soft Caresses

per couple 50 min | € 155

The whirlpool becomes the location for a couple ritual in which sensations merge with relaxation, surrounded by hot water and guided by a loving touch. After a gentle relaxing head, neck and shoulders massage, let yourself be embraced by the scenic setting immersed in the hot tub, enjoying a glass of prosecco.

Sparkling Love

per couple 80 min | € 240

Immerse yourself completely in a sensorial journey that generates a profound connection to renew your senses. Your skin will be awakened by delicate exfoliating powder submerged in the warm moving waters of the whirlpool, where you will toast your love with a glass of sparkling wine. Release all tension during a warm, evocative massage that will envelop your hearts in a single moment of authentic union.

Private Whirlpool for Two

per couple 25 min | € 35

per couple 50 min | € 45

An exclusive moment with a regenerating whirlpool bath with aromatic essences inspired by the lake, to share with your significant other or for single use.



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A rborea
T ollerabile
U nica
R icercata
A ffidabile

NATURA

Facial treatments

To offer maximum professionalism to support the manual techniques of our therapists, Astoria SPA has produced a line of cutting-edge cosmetics, inspired by natural ingredients, guaranteeing maximum aesthetic results.

This is how the Natura cosmetic line was born.





FACIAL TREATMENTS

Natura spa

Skin analysis check-up with dermocamera carried out before each facial treatment. This check-up enables us to determine the type of facial skin, thickness and hydration in order to evaluate which techniques to adopt during your treatment and advise you on products to use at home. With specific computerized magnifying glasses, the skin's imperfections and needs are detected on the monitor.

Duration approximately 10 minutes.





Face Cleansing

45 min | € 90

A natural cleansing of the skin, to unclog pores and eliminate impurities. This is the ideal treatment to counteract oxidation and skin pollution factors to regain new freshness.

Anti Age Facial

45 min | € 100

Basic skin regeneration treatment, which successfully counteracts the effects of time and promotes the well-being of even the most sensitive skin, stimulating correct cell turnover for an immediately bright and fresh appearance.

Anti-Aging Facial Treatment

(personalized with 2 high-tech treatments included)

80 min | € 160

This treatment is a cosmetic alternative to fillers, with the aid of ultrasound and bipolar radiofrequency. Thanks to the synergy between the anti-aging action of powerful extracts derived from plant biotechnology, and the perfecting action of the Functional Fillers micro technology, this treatment helps fight the signs of aging, giving the skin a bright and lively complexion. The skin is restructured and appears visibly transformed.



HIGH TECH Experience

All treatments can be enhanced by innovative technologies, which allow you to achieve visible and long-lasting effective results, right from the first treatment..





Microdermabrasion

It consists of the mechanical abrasion of the superficial layers of the skin, the removal of dead cells and the stimulation of cellular turnover, to promote brightness and facilitate the absorption of active ingredients. The handpiece used has diamond tips, which smooth the skin's surface, creating a vacuum drainage effect.

Additional charge for all facial treatments € 30

Radiofrenqueny *(Bipolar and fractional)*

Ideal for a lifting effect that counteracts sagging skin. This technology raises the temperature of existing connective tissue and stimulates, through heat, the production of new collagen and elastin. The bipolar and fractional handpiece acts on expression wrinkles, rejuvenating the tissue of the entire face with long-lasting effects.

Additional charge for all facial treatments € 40

Ultrasound Power

This delivery technology reaches the deepest layers of tissue, pushes active ingredients deep down, stimulates the reactivation of micro-circulation and progressively reduces wrinkles with consequent skin toning thanks to its ultrasound waves.

Additional charge for all facial treatments € 30



BEAUTY SERVICES

Partial body hair removal	25 min € 35
Full leg hair removal	25 min € 40
Full body hair removal	50 min € 65
Facial hair removal	€ 15
Manicure or pedicure without nail polish	30 min € 35
Manicure	50 min € 50
Manicure with semi-permanent nail polish application	50 min € 65
Removal supplement Semi-permanent nail polish	€ 20
Pedicure with nail polish	50 min € 60
Pedicure with semi-permanent nail polish application	50 min € 70
Nail polish change	€ 30
Eyebrow correction	€ 15
Eyebrow tint with correction	€ 25
Eyelash tint	€ 30



SPA ETIQUETTE

To fully enjoy your spa experience,
we kindly ask you to consider the following information.

Appointments

We kindly ask you to book your entrance and treatments in advance,
to give us the opportunity to satisfy all your needs and guarantee availability.

Our staff will provide "disposable" underwear for ladies and gentlemen for all spa treatments.
Please note that in case of cancellation within 6 hours before scheduled time, or in the event of
a no-show, full amount of treatment will be charged.

Behaviour

Our spa areas are reserved for the tranquility and relaxation of mind and body.
To guarantee this atmosphere to our guests, we kindly ask you to promote a quiet environment,
and to allow yourself to take a break from your mobile phone during your stay.

Children

All guests under the age of 14 who wish to receive treatments or use Spa services must be
accompanied by a parent or guardian adult.

Precautions

In case of allergies or specific health conditions (including circulatory and cardiac problems or
related to blood pressure) please inform us at the time of booking to receive our suggestion on
the most suitable treatments.

Pregnant women are asked to make reservations for treatments after consulting their doctor,
and to inform their therapist upon arrival.

Arrival

We kindly ask you to arrive 10 minutes before your appointment wearing a bathrobe and
slippers, to fill out the medical questionnaire, which will allow our operators to personalize your
treatments. With respect to other guests, in case of your delay the treatment will consequently
be affected as we will not be able to guarantee the entire duration.

Spa products

To continue the experience at home and enjoy long-lasting result, you can purchase the
exclusive products used during your treatments at our spa Reception.

We will be delighted to give you further information
and personalized advice at the spa Reception.



Appointments:
spa@astoriaresort.it
+39 0464 57 66 57



#astoriaresort